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BERMUDA SUN SPRAY TANNING

AFTER CARE AND MAINTENANCE GUIDLINES

Every ones skin is different and some people may retain color longer than others. To help get the most out of your spray tan there are some guidelines to follow.

- **YOU CAN NOT GET WET FOR UP TO 6 TO 8 HRS** after your spray tan.

This includes showering, bathing, sweating spa pedicures or manicures.

Initial _____

- Do not exfoliate after you get your spray tan. This will remove your spray tan.
- Avoid taking very long hot showers or baths; this will shorten the life of your tan.
- Avoid highly or over chlorinated pools. Chlorine is bleaching and will shorten the life of your tan.
- Use body washes instead of bar soaps. Bar soaps are more drying and harsh to your skin.
- Keep your skin moisturized. Stay away from moisturizers with a lot of alcohol or fragrance. (Ex. Bath and body works, Victoria secret)
- Towel pat dry your skin, rubbing will wear off your tan.
- After your spray tan you should wear loose comfortable clothing until you shower the first time.

Moisturizers with DHA are available for purchase. These go with our spray tan solution and are the best way to keep your skin moisturized and keep your color longer. Ask about our whole line of sunless tanning products, lotions and exfoliates.

I have read and understand the guidelines for spray tanning and if I do not follow the after care instructions Bermuda sun tanning salon will not be held responsible.

Signature _____ Date _____